

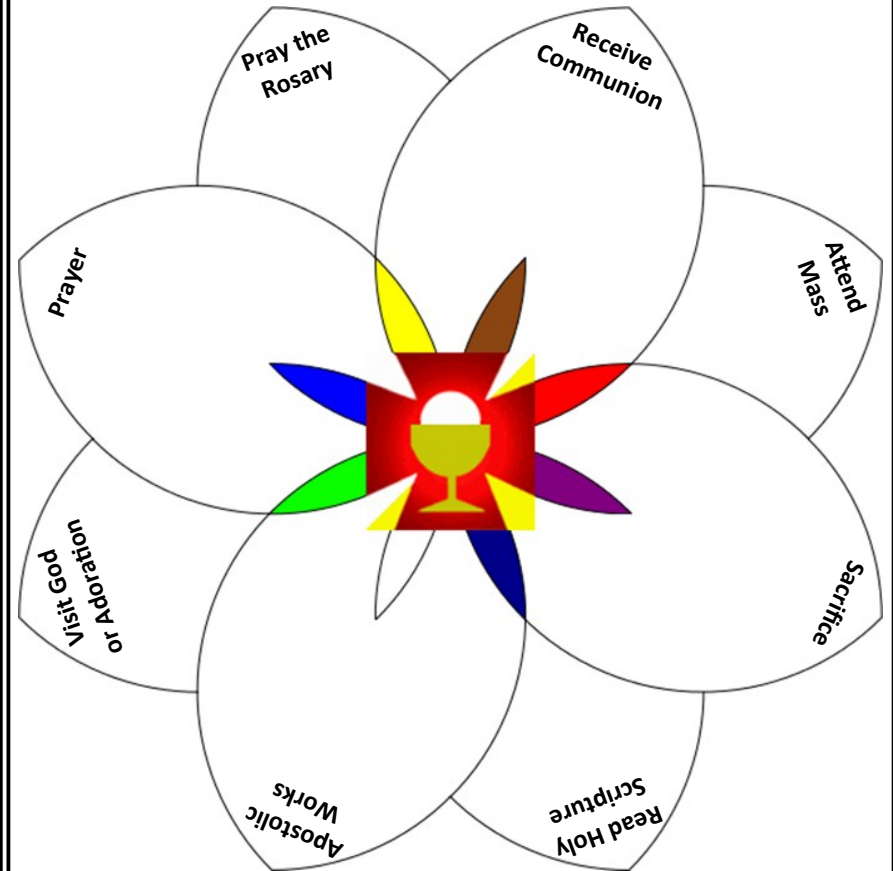
TASKS IN THE SPIRITUAL BOUQUET

- PRAYER: Morning prayer, noon prayer, night prayer, etc... any time you spend time talking to Jesus.
- RECEIVE COMMUNION: Receive the consecrated bread and wine (the Blessed Sacrament), or receive Jesus into your heart by having Spiritual Communion.
- SACRIFICE: Be willing to do less of what you want in order to do more of what God wants from you... by self-sacrificing or doing sacrifices for your family, friends, and even stranger.
- APOSTOLIC WORKS: (Community services) By serving others to glorify God's name... such as performing liturgical ministries (altar server, lector, usher, gift bearer, choir, etc.), helping around the church or community, volunteering, doing charity, pray for the souls in purgatory, etc.
- ATTEND MASS: Go to church services and actively participate during mass.
- VISIT GOD/ADORATION: Visit to the Blessed Sacrament in the tabernacle, or attend the Eucharistic Adoration.
- PRAY THE ROSARY: Say the Rosary prayer (every ten Hail Mary is equal to one point)
- READ HOLY SCRIPTURE: Read any sacred books of the Roman Catholic Church such as the Holy Bible, Catechism books, prayer books, saint books, religious stories, etc.



BÓ HOA THIÊN

* Spiritual Bouquet *



Name: _____

Team: _____

Scores: _____